An Hospitall,

for the diseased.

Wherein are to be founde most excellent and approued Medicines, as well Emplaisters of speciall vertue, as also notable Potions, or Drinkes, and other comfortable receiptes, both for the restitution, and the preseruation of bodily health.

Very necessary for this time of common plague and mortalitie, and for other times, when occasion shall require.

Newly augmented and enlarged.

Gathered by T. C.

Ecclesiast. 38. 4.

The Lord hath created medicine of the earth, and he that is wise will not abhorre it.

AT LONDON

¶ Printed by Robert Walde-grave for Edward White, dwelling at the little North-doore of Paules Church at the signe of the Gun.

An Helpful

For the diseased.

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Very necessary for this time of common plague
and mortality, and for other times, when occasion
or need shall require.

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Ecclesiast. 38. 4.

[illegible]

[illegible]

To all ſuch Readers, as haue care of their bodily health.



How prouident a patron, and bountifull a father, the Lord God of life is, vnto vs vnthankfull and rebellious children, his manifold benefits do teſtify: yea, the cõtinuance of his kindnes is herein principally declared. For, whereas our owne naturall corruption worketh dayly in vs the banniſhment out of his fauour, & the daunger of reprobation: he notwithſtanding in conſideratiõ of our weaknes, wythdraweth not his compaſſion from vs, but in all our neceſſities, reachinge out his helpyng hande vnto vs, is moſt ready (as he is alwayes able) to plucke vs out of the pitte of perdition, whereinto the haynouſnes of our tranſgreſſions (as it were with a cable) haleth vs perforce. O gratious God, how ſhal ſinners worthily aduance the excellency of thy loue? Who ſhall gyue them an hearte to conceiue thy kindenes? Whence ſhall they haue vtterance to ſound out thy mercy? Of themſelues (becauſe they are veſſels of wrath) they cannot compaſſe ſo perfect a worke: Thou therefore which art the perpetual ſpring of al goodnes, giue it them: O giue it them, & they ſhall haue it: yea, and in the hauing of it, they ſhall magnify thy Name, extoll thy power, & mar-

uayle at thy mercie. VVhere is one, among thousand thousandes, that looking vpon the Heauens most gloriously beautified: vpō the earth most plenteously enriched, vpon the frame of his own body, most Angelically created: but shall of compulsion acknowledge the omnipotencie of God, & confesse the vnmeasurable greatnes of his goodnes, & loue toward man? The Heauen, to maintaine life and light, the earth to succoure and sustaine nature: all creatures, liuing in lande or water, to supply his wants: nothing to be reckoned and named, which he hath not most liberally giuen vnto man, as appointing him Lord and Soueraigne, but them his vassailes Seruants. Against hunger, least thou shouldest famishe, hee hath prouided nourishment: Against thirst, least thou shouldest perish, he hath ordained sauorie liquors: Against colde, least thou shouldest die in thy nakednesse, he hath giuē thee cloathing. And what hath he done beside? Hath hee not had speciall regarde to thy condition & estate: I meane to the health of thy body, and the safety of thy soule? Yes, yes, and that is euidently proued by the manifolde remedies, which he hath prepared to restore thee to soundnesse of Limme and life, and by the free course of the pearle of his Gospell, which is the Iewell of all Christian ioy. In consideration of these so many good graces of God, what doeth Christian duetye require?

require? (I speake to all, vnto whose viewe and censure this Præface shall bee presented) Let them take the sweete sacrifice of thankefulnesse, and burne the same vpon the Altar of an humble hearte, that the redolent and perfumed Incense of the same ascending vp into Heauen, may smell sweete in his Nosethrilles, whose speciall delighte is in suche a burnt offering and Oblation. Thus muche haue I saide by way of aduertisement, vppon occasion of this present Booke, whose benefites as they are diuers, so are they singular: and in them all is Gods goodnesse highly commended. Note of my wordes, and then iudge of the value and worthinesse of the Booke. Art thou diseazed in thy Heade? Art thou greeued in thy heart? Art thou pained with ache? Art thou tormented with a Feuer? Art thou wounded? Art thou troubled with any irksome sore? Doth thy sight fayle? Doth thy hearing waxe weake? Doth thy youth weare away? Doth age creep on apace? Finally, doest thou feele thy self infected with the poison of the Plague and Pestilence? Thē delaye no time, but with a small price buy a gemme worth Golde, (this Booke I meane) which though it be little in quantitie, yet it is great in quality and vertue. Here (as in a cunning Apothecaries Shop) are receipts of sundry sortes prouided, wherewith the rage of any soare may bee mittigated, the nipping

ſmarte of anye Vlcere or wounde aſſwaged, and the venome of anye malladie expelled: the perfection of health reſtored. Thus much in briefe, by a ſodayne bluſhe iudge of the reſt, eſteeme it as it is, a neceſſary implement, for any houſholder: yea, in the next degree to our dayly foode and nouriſhment to be eſteemed. Thanke God for it, and vſe it in thy need. Here thou haſt ſuccour to ſerue thee in thy ſickneſſe.

Thus farewell in Chriſt. T.C.



An Hospitall for the diseased.

¶ A preseruatiue against the Plague.

TAke a handfull of sage, a handful of hearbe-Grace, otherwise called Rewe, a handfull of Elder leaues, a handfull of redde Bramble leaues, and stampe them together and strain them through a cloath with a quart of white Wine, then take a quantitie of Ginger, and mingle with them altogether, and drinke therof euening and morning a spoonefull nine daies togeather.

For the partie infected with the Plague.

IF it do fortune, one to be sicke of the Plague before he haue drunke the foresaid medicine: then take the water of Scabious a spooneful, water of Betony like much, and a quantity of fine Treacle, put it together, and drinke it, and it will expell all the venome.

A Medicine to breake the botche.

IF it fortune the botch to appeare, then take bramble leaues, Elder leaues, mullard seede, and stamp them all togeather, and then take of it and make a plaister & lay it to the sore, and it will draw out all the venom.

A Medicine for the Plague.

TAke three slips of hearb-Grace, and vi. spoonfuls of Vinegar, and beat the same together, the strain the iuyce out thereof, & put thereunto one vnce of fine Treacle, and one vnce of Suger, and stirre it together then set it ouer the fire, and make thereof a Syrope & put

put it in a box close: then take a Sage leafe, and euery morning fasting, spreade as much as a Beane thereof vpon the same leafe, and so eat it. And if he that taketh it, be infected, it will driue it from his heart, and if the partie that taketh it euening and morning be not infected, it will preserue him within 24. howres after.

A plaister to draw the sore.

TAke one spoonefull of hony, the iuyce of Spurge, two spoonfulles and a halfe, of Wheaten flowre a good quantity, and one spooneful of Turpentine, and temper these togeather without fire, and make of the same a plaister, and lay it to the sore, chaunging it at euery fower and twenty howres.

A good Medicine against the plague approoued.

AMongst other excellent and approued medicines for the Pestilence, there is none more worthy & auailable when the sore doth appear, then to take a cock Pullet, or Chicken, and let the feathers of the taile of highest part be plucked of, till the rump be bare, then hold the said bare of the Pullet to the sore, & the Pullet will gape and labour of life, and in the end will die: then haue an other Pullet, and do the like to the patient, & if that die, yet still applye the patient with Pullets so long as any do die: for when the poyson by the said Chickens is drawne forth, the said Chickens that bee offered thereunto, will liue, then the sore presently will swage, & the party forthwith recouereth: this medicine is necessary to driue the venome from the heart

A soueraigne drinke against the Pestilence.

TAke one vnce of Dozell water, & as much Dragon water, a dragme of Treacle, & put therto a dragme and a halfe of pouder imperial, & giue it to the patient with Ale, within foure and twenty howres after he is infected, and he shal with Gods grace escape & do wel.

A

A Playſter to draw a head to the ſoare of the Plague, and to breake it.

TAke twoo Lillie rootes, one handfull of ſowre dowe, two handfulles of Mallowes, one handfull of Linſeed, ſtampe all theſe togeather ſmall, and boyle it in a quart of the Lees of Wine till it be thicke, then laye it an inche thicke vpon Leather, broader then the ſore, and let the borders of the Leather be plaiſtered with Coxdiers ware, to make it cleaue: it ſhall bring out the Boch in twelue howers, and breake it ſhortly.

A medicine that was taught King Henry the ſeuenth by his Phiſition, againſt the Peſtilence.

TAke, halfe a handfull of Rewe, likewiſe of Mandragonies, Fetherfew, Sorrell, Burnet, and a quantitie of the croppes and Rootes of Dragons, waſhe them cleane, and ſeeth them with a ſofte fire in running water, from a pottle to a quarte, and then ſtrayne them togeather through a cleane cloath, and if it be bytter, put thereto a quantitie of Sugar-candy, or of other Sugar, and if this medicine be vſed before the purples doe riſe: ye ſhall bee whole by Gods grace.

A medicine to be drunke, ſuſpecting any to haue the Plague.

TAke a great Onyon, and the core beeing taken out, fill the ſame full of good Treacle of Gene, and wrap the ſame in a paper, and roſte it till it be ſofte, then ſtraine the ſame with a little white vineger, and being tempered with a quantitie of Sugar, giue the Patient to drinke twoo ſpoonefuls faſting, and if the Patient be infected with the Plague, you ſhall perceiue the appearance thereof, within fiue howres after the receipt of the ſame drinke.

Alſo for the vſuall drinke of ſuche Patients beeing ſo infected.

TAke of Rose-marie the quantitie of eight or nine crops, then take of Marigolds being browne within, of Burnet, & of Bcurage, euerie one a handfull thereof, let them be sod in a quart of stale Ale clarified, then put into it a crust of bread, a litle whole Mace, & a quantitie of Sugar, & let him drink the same at al times during his sicknes, and put Pimpernell in his broth.

Also another drinke to be taken euery morning, for a preseruatiue against the Plague, and for the auoyding of infection.

TAke Sauery the quantitie of a handfull, and boyle the same in a quart of good wine-vineger, with a spoonefull of graines beeing beaten, and put into the same: then drinke the same with a quantitie of sugar euerie morning fasting.

A good medecine against the Plague.

TAke of Betony water the quantity of three spoonfuls of good wine vineger, the quantitie of three spoonefulles, and the quantitie of a Nutmegge of good Treacle of Gene, or els the quantitie of a Hasell-Nut of Methridatum beeing all mixed together, take it in the beginning of your sicknesse.

For the Plague.

TAke in the morning fasting one drie Figge, one Walnut, and foure or fiue leaues of Rew chopped altogether, and eat them, and afterwards drinke a cup of wine, if it be a woman with child, leaue out the Rewe.

For the Plague.

TAke an ounce of the leaues of Rew, halfe an ounce of good Figs, an ounce of Iuniper berries, two ounces of walnuts picked, foure ounces of Vineger, & a good quantitie of saffron, stampe all the foresaide things together, and reserue them in an earthen potte or a glasse fast stopped,

that

that no aire iſſue out, whereof if ye receiue in the morning vpon a kniues point, the quantitie of a beane or more, ye ſhall be ſure by the grace of God, not to be infected within xxiiii. houres after.

A medicine for the Plague or leproſie.

TAke herbe grace, ſouthernwood, mugwort, wormewood, of eche a handfull, three or foure handfulles of Ieneper berries, thoſe which be blacke, cut & ſhred the herbs ſmal, & put them into a Flaunders pipkin & poure thereto foure quarts of good white wine vineger, and let them ſoke a ſeuen nightes if the herbes be dry: if they be greene, let them not ſoke aboue fourteene howres, then put a handfull or two of thoſe hearbes which be in the Pipkin into the ſtyl, and then take out a quart of the ſame vineger, and powre it into the ſtyll vpon the hearbs, & diſtill it with a pretie ſoft fire, for too great a fire will waſte it away, & ſo ſtyll it vntill you haue ſtilled all, from the Pipkin into the ſtillatory, & after this powre it into the pipkin againe, & put as many newe & freſh herbes, with ſo manie berries as you had before in the pipkin againe, & ſo let them ſoke one other ſeuen nights, and then ſtyl them againe as you did before, & ſo the third time to be vſed with new herbs, &c. in the ſame maner as before, and at the laſt time, put foure ounces of Metridatum into the pipkin amongſt the hearbes, or els fiue or ſixe ounces of triacle, in place of the Metridatum for want therof, & then being ſtilled as before, put the ſame into a double glaſſe, & ſtoppe it with a piece of leather bound about it, & if the party be infected, let him take thereof foure ounces at one time: & if need be, you may giue him ſo much for two or three daies, as you ſee cauſe, and to a woman but two ounces, and to children, according to their age, and as they bee able to beare it: and ſo ſweate two or three howres, or longer if the partie may endure, and one ſtande by alwaies to wipe their face, leaſt by putting out their hand, they take colde,

ye, when all this is three times stilled, it will not amount to aboue three or foure quarts.

An oyle for all manner of aches, bruses, and straynings of the Sinewes.

TAke a pottle of Neets feet oile, and a quart of an Ore gall, a pinte of *Aqua vitæ*, a pinte of Rose-water, bay leaues, Rosemary stripped from the stalkes, Strawberrie leaues, rootes, and stringes, Lauender Cotten, of euerie of these a handfull, beate them small, and put them into the foresaide stuffe, and seeth it ouer a fire of coles, in a pan of two gallons, & at your owne perill, let not the flame touch the stuffe, let it seeth very well, and then take it off, and let it stand vntill it be almost colde, then straine it through a course linnen cloth, but not the bottome of the said lyquor: then put it in a glasse, and so keepe it, and when you are payned, annoint your griefe withall.

For an ache,

TAke *Aqua composita*, and the Oyle of Neets feet luke warme, and annoint the patient vpon the place of the griefe, laying warme clothes thereon.

A medicine for an ache, or shrinking of the Sinewes.

TAke the tenderinges of Rosemary, and Marshe Mallowes, by as euen portions as you can gesse, geather your hearbes when they be drie, from raine and dew: pund them in a Morter verie small, then take May butter well clarified, and put it to the hearbes, and mingle it in a vessel, and let it stand foure dayes, then let it ouer the fire, and lette it seeth till the strength of the hearbes be gone, then take a little of it in a spoone, and let it drop vpon the naile, and if it bee greene as the Emerauld, it is perfecte: and then put it in an earthen potte, and when you will occupie it, you must warme it.

A medi-

A medicine for an ache.

TAke Parsly and Wodrofe-wood, of each a handfull, and seeth them in a quart of ale, with a quantitie of sweete Butter, and wash well the place therewith, that akes, and also bynde the hearbes to the place, as hotte as you may suffer it.

An approoued ointment for aches

STampe Smallage, and put in it Aqua vitæ, and straine it, then put thereto Boyes grease, and stirre them well together, and annoynt the Patient before the fire therewith euening and morning.

A medicine for an ache in any place.

TAke Sowthistle, Chickweed, Elder-leaues, Groundsell, and Cleuers, of eche a handfull, dry all these together betweene twoo Tyles, then laye these hearbes to the place where the greife is let the hearbes be washed before they be dryed.

A medicine for aching sores.

TAke iuice of Smallage, of Sorel, of Wallwed, of each of them like muche: take Honney, and the white of an Egge, of either like much, and mingle them togeather till it thicken, let it come neare no fire, but all rawe and colde lay it to the sore.

For aches and swellinges in the knees.

TAke a quarte of Malmesey, and a handfull of Time, boyle them togeather, and when it is halfe boyled, put in a good peece of sweete Butter, and let them boyle together from a quart to a pint: when you go to bed bath your knees well therewith, and wette a cloath three or foure times double therein, and lay it to your knees as hotte as you can suffer all night, and vse this sixe or seuen tymes, and it will doubtlesse helpe you.

For a Sciatica or Ach.

TAke oile of Neetes feet, and *Aqua composita* & anoint the same place where the paine is, then take a Moole newly plucked from the sheepes backe, and lay thereon, and wrap it well with warme cloaths.

A Plaister for an Ach.

TAke as much Stone-Pitche to the value of a Tennis-ball, and a spoonefull of Tarre, and a Peny-worth of Treacle and Rosine, to the value of a Tennis-ball, and a spoonefull of Honey, boile it ouer the fire in a Kettle, and stirre it altogether till it be well melted, then take a new sheepes skinne, and make holes in it with a bodkin, and spread the medicine on the fleshy side of the skin, and laye it to the Ach as hot as you may.

For an Ague.

TAke Burre-rootes, and red Nettle croppes, and seeth them in stale ale, and clarifie it, and giue the sicke thereof to drink about such time as the cold beginneth to come, and after the heate be past. When you see that hee beginneth to sweat, giue him to drinke Posset-Ale, made with Marigold and Fenell, and see the Posset-Ale be well clarified: vse this medicine, for it will take away the Ague within three or foure fittes at the vttermost.

A medicine against the hote Feuer.

TAke a handfull of Bay-leaues, a handfull and more of redde Sage, and seeth the same in a pottle of stale Ale, to a quart and the same being strained, let the Patient, being in bed drinke thereof a good draught, being warmed with a little sugar, an howre before his fit do come.

A good medicine for an Ague, be it quotidian or quarten.

TAke of smallage, and of Featherfew, of either of them the quantitye of a handfull, stampe them and straine them, and then take halfe so much as the iuyce of the same is

is of small ale, and being mixt together, drinke it warme a little before the time that the fit shall come: that is to say, when you perceiue any grudging. This must bee drunke three seuerall times, the patient going to bed and cloathes inough laid vpon him.

A medicine for an Ague.

TAke Nettles, Cobwebbes, and Salt, and beate them in a woodden dishe, and laye it to the left arme of the sicke, and it will take away the heat of the Ague.

For the Ague.

TAke Soote, and yolkes of Egges, and Bay-salt, and Pepper, and mingle them together, and laye it to both wrestes, and it will take away the ague.

For your drinke in an Ague.

FOR your drinke: take ale, and not strong, and vse it luke warme.

Drinke and Pottage in an Ague.

MAke your Pottage and Posset ale, and almond milk with these herbes following, that is to saye, Sinckfoyle, succorie, Buglosse, Endiue, Borage, sorrell, Lettice, and Fenell-rootes, and Parsley-rootes, great Reysons, and Prewnes.

A medicine for the drought in an Ague.

TAke a quantity of Burrage, a quantity of sorrell, a certaine of Violet leaues, a certaine of Strawberye leaues, seeth them in a pottle of fayre running water to a quarte, then straine the herbes: then take almondes, and blanche them, beat them, and straine them with the saide water, and put sugar therein, and drinke it warme.

A medicine for the quartan Ague, and for the drought.

TAke a pottle of good redde wine, and a pottle of new milke of a Cow of one colour, take two or three good handfuls of Mouse-eare cleane picked and washed, stripe it into the Milke and wine, and temper them togeather, and let them stand so one night, and put them in a fayre Still, and Stil them with a soft fire, and take the water, and put it in a fayre Glasse, and set it in the Sunne fower or five daies, and let the sicke when hee dryeth in his Ague, drinke thereof three or foure times, and hee shall be rydde of his Ague, and hys drynke shall quench his drought.

A medicine against the Quarten.

TAke shell Snailes two handfulles, bay Salt, Mallowes, of each a handefull, beate these togeather, and laye it to the soles of your feete, before the quarten fit doth come.

A medicine for the cold in a Feaver.

TAke Camomile and Mogwood, and seeth them in a quart of Ale, till halfe be consumed, and giue it the patient first and last.

A medicine against the hotte Feaver.

TAke a pottle of stale Ale, and a bottom of a stale white loafe, and a handfull of sinckfoyle, a handefull of Camomile, Treacle and Vineger, of ech a spoonefull, a fewe whole Maces, sugar-Candy, as much as they list, and seeth these until halfe bee consumed, and straine it from the herbes, and geue it to the patient to drinke, and none other drinke during his heate, and as much thereof as hee will, and it helpeth.

For the Ague.

TAke two or three Cloues of Garlike, and bruse them and a penny worth of *Aqua-vitæ*, halfe a pinte of Ale-

seeth

ſeeth them togeather, and drinke it a little before the fitte come as hotte as you may.

Againſt the corrupt ayre.

TAke Betanie, Centorie, and Egremony, of eth a handfull, and ſtampe them and ſtrayne them with Ale, and with a Licoras ſticke bruſed: and then boyle it, and ſtrayne it, and make it pleaſaunt with ſugar, and drinke therof euerie morning bloud warme three ſpoonfulles, three or foure dayes.

To make a man haue an appetite to his meate.

SEeth Centorie in fayre cleane water, and let the ſick drinke thereof euerie morning bloud warme, three ſpoonfuls, three or foure dayes.

To make a man haue an appetite to his meate.

SEeth Centorie in faire cleane water, and let the ſicke drinke it luke warme faſting three dayes, eche daye nine ſpoonfulles, and he ſhall be whole, for this purifieth the ſtomacke, and breſt alſo.

A good comfortable powder, to diſgeſt well, and many other good properties.

TAke Pellatorie of Spaine, Centorie, Annis, Licoras, Graines of Paradiſe, Ginger, Sinamon, of eche like much beaten, and ſtrayned into fine powder, and drincke therof morning and euening, halfe a ſpoonefull, in Wine or in Ale.

To make Hypocras for a weake ſtomacke.

TAke a pint of *Aqua vitæ*, and put in a glaſſe, then take twoo ounces of Cinamon, and one ounce of Ginger, two peny-worth of Cloues, two peny-worth of Graynes, one of Nutmegges, and beate them altogether to groſſe powder, and put them all into the glaſſe to the *Aqua vitæ*,

and shake it euerie day often nine daies together, and then drinke it with Wine or ale, halfe a spoonefull, or a quarter, with halfe a pint of Ale.

A medicine to cleanse the backe, and to purge the reynes.

TAke one Fenell roote, and twoo Parsiye rootes, and picke out the pithes of them, and take thereto one handfull of Pelitorie of the wall, and all these being washed cleane, seeth in posset ale, and drinke thereof when you goe to bedde, and if you wake at midnight, drink you also.

A medicine for a payne in the backe, and for the heat in the backe.

TAke Rosewater, and put thereto Saunders and Roseleaues, and laye them in steepe in your Rose-water one whole night, then washe your backe with the same, and it will take away the heate, and greatly comfort the reines.

For payne in the backe.

TAke Sage, Rosemarie, Camomell, and Maudelin, of eche of them a handfull, then stampe them together and fry them in May butter, and annoint your backe with it warme.

A medicine for the reynes of the backe.

TAke halfe an vnce of Turpentine of Uenice, and let it be well washed in Plantine water, or Rose-water, and then mixe it with fine white sugar, and make thereof foure or fiue balles, which you must eate three in a morning fasting, and daily drinke a little white wine, or Renish wine immediatly after.

To drive out a payne or griping in the belly.

TAke Sothernewood, and laye it againſt the place of the contrarye ſide where the torment is, and it will drive it out: and if it be layde to the Nauell, it will drive away the payne.

For the biting of any venomous beaſt.

TAke plantine and drinke the iuyce thereof, and take plantine and Salendine, of eache like much, ſtampe them and temper them with ſtale piſſe, and lay to the ſore, and it will aſſwage the ſwelling, and drawe out the venome.

A medicine for the byting of a mad dog.

TAke a good handful of Betony, and a handful of wild ſage, a handefull of Night-ſhade, and faire running water a pinte, the hearbes beeing ſtamped and ſtrained therewith, and put thereto a penniworth of Treacle, and giue it to the patient to drinke, two or three mornings.

A medicine to ſtop bleeding,

TAke ſentorie, greene Rewe, and red Fenell, and ſtampe and ſtraine them, and drinke them warmed.

A medicine to ſtop bleeding

TAke *Burſa Paſtoris*, Plantine, and Hiſope, of eche of them like muche, and bruiſe them in a Morter, and warme them as hotte as you can againſt the fire, and laye them to the noſe of him that bleedeth, and binde ſome of the hearbes to his temples as hot as he can ſuffer them.

Another medicine for the ſame.

TAke an old cleane Linnen cloth, and wette it well in Vinegar, then burne it to pouder: than take the pouder thereof, and if it be a wound, caſt it therein, and it wil ſtop the bleeding immediately, but if the noſe bleede, then ſnuffe vp the ſorelayd pouder into thy noſe, and it wil ſtint bleeding.

Another for the same.

TAke a Toade and drie him in the sunne verie dry, then put him in a linnen bagge, and hang him about your neck with a string, so low, that it may touch your brest on the left side neere vnto your heart, and commonly it staieth all kind of bleeding at the mouth or nose wound.

Another to stop bloud.

IF your nose doe bleede vnmeasurably, then tie your little finger verie hard about the lower ioynt, and for the most part it fayleth not but staieth the same.

For spitting of bloud.

TAke the iuice of Betany, and temper it with Goates milke, and giue the patient to drinke three daies.

For the same.

TAke Smallage and Mintes, Rewe, and Betony, and seeth them well in good milke, and suppe it warme.

To stench bloud at the nose.

TAke Betony, stampe it with a little salte, as much as thou mayest take vp with thy two fingers, and put it in thy nose.

To stench bloud.

TAke Linnen cloth, and burne it, and take the powder, and put it in another cloath, and so lay it to the wound. Also take an Herbe that is called Perunicell, and holde it betweene thy teeth, and thou shalt not bleede while thou holdest it there.

Good for the braine.

TO smell the sauour of Muske, Camamill, to drincke wine measurably, or to eate Sage, but not muche, to keepe the head warme, often washing of your hands, measurable walking, measurable sleeping, to heare little noise

of Muſicke or ſingers, to eate muſtard, Pepper, the ſauour of red Roſes, and to waſh your Temples with roſe-water.

Ill for the braine.

ALL manner of Braines, Gluttony, Drunkennes, late Suppers, to ſleepe much after meate, corrupt ayres, anger, heauines of minde, to ſtande much bare-headed to eate too muche or haſtily, too much meate, too muche watching, too much cold, Milke, Cheeſe, all manner of Nuts, much bathing, Onions, Garlicke, and great noyſe, or to ſmell a white Roſe.

For ſtopping in the breſt.

TAke Reiue, and ſeeth it in Eyſell, and ſo drinke it: Drinke Nettle ſeede brayed, and it ſhall voide grauell of the Stone in the raine of the backe.

For a ſtinking breath.

TAke the ſeede of Coriander, and boyle it in whyte Rumney or Sacke, and thereof drinke three ſpoonefulles in the morning, and as much at euening, but that you drinke in the morning muſt be cold, and the other hot, but you muſt vſe to take none exceſſe of meates, nor drinkes, nor lie not late, but riſe vp early.

A Medicine for a bruſe in the Legge or arme, or elſe where.

TAke water-creſſes, and waſhe them cleane, and ſeeth them in faire water till they be ſofte, then beate them ſmall in a Morter, and put them in a cleane panne, and put thereunto ſweet ſewet of a Hart, Bucke, or Sheepe, and put therto the Lees of wine, and wheat braune, and frie altogether, and make a plaiſter thereof, and lay it warme to the ſoare place, and ſo lay three or fower plaiſters as neede ſhall require.

An other plaister for a bruise or strain compiled.

TAke Otemeale grotes, and seethe them in sweete Cow-milke, untill they bee as thick as Pappe, and put it into a panne, with a quantitie of sheepes tallow, and boyle them well, and sturre them well, and then make a plaister thereof, and laye it to the griefe as hotte as ye can suffer.

For a bruise or a straine.

TAke the grounnes of Ale or beere, and wheate braune and Chicke-weed, and lay it to the griefe three or foure times a day upon a red cloath, not to thin.

For all bruises and ache with the bones.

TAke a good quantitie of waltwyte, and a certaine of Balme, and smallage, and stampe them well, then take a pound of May-butter, and temper them together, then make them in round balles, and let them lie eight dayes after, and then stampe it againe, then frie it and straine it, and so put it in an earthen pot, and this will helpe the bruise, though it be very blacke.

A medicine for burning, skalding, or burnt with an hand Gunne.

TAke ten or twelue Egges, as you will make the quantitie of your Oyle, and let them be as new as you may, and lay them in the fire, and rost them as hard as you can then take the yolkes, and choppe them as small as you cunne and put them in an earthen-Potte, and set it over the fire, and take a sticke and sturre it, and let it boile untill you see it consumed in a manner to nothing then take it from the fire, and let it in the ayre a quarter of an houre or more, and there will come an oyle thereof, then take a feather, and annoynt the griefe with the same oyle, and take Hartes-tongue leaues, and lay it upon the griefe, and that will gather the skinne, then you may binde a cloath to it.

Another medicine for the same.

TAke the dung of Geese, of one nights making and fresh butter vnsalted, or els clarified sheeps sewet, & frie them in a frying pan a good time or season, vntill your sewet bee almost consumed, then put them in a cleane course Linnen cloath, and straine them into a small vessell: then take a feather, and dip it in the liquor, and annoint the place burned or skalded, and when you haue so done, wet a fine Linnen cloath in the liquor, and couer the soare with all, and doe this twise or thrise a day, and by Gods grace it shall helpe you.

For burning and skalding.

TAke maiden-wort, stampe it and seeth it in fresh butter, and straine it, and annoynt the Patient.

To take away a heat or burning with Gunne-ponder.

TAke a good quantitie of Houseleeke, stampe it, and wring out the iuyce, take the white of fiue Egges, and beate them in a dishe till they be thinne, and then take of the skome, and put the rest together, and wash the sores with a Linnen cloath, and laye the cloath a loft on the soare wette.

A medicine for burning or skalding.

TAke blacke-sope, or gray sope, and laye it immediately to your soare.

For burning or skalding.

TAke a good handfull of Auans, and as much of sheepes dung, and so frie them in May-Butter, and straine it, & annoint the place with the same cold, twise a day, & annoint it still with gray or black sope, & it will helpe, ỹ ointment must be spread vpon a flaxen cloath, if you can get it.

To make an ointment for burning with Gunne-ponder, or skalding with Water.

TAke a handfull of Bartoes greace, and twoo handfulles of Grounsell, and two or three handfulles of Houseleeke, and stampe the hearbes together, then put to it new sheepes dung two handfuls, of Goose dung two handfuls, and stampe them altogether, and being hot, straine them through a cloath into an earthen pot, & with the liquor annoint the burned place.

An ayntment for burning.

TAke Plantine, Maybred, Dasie, and the green barke of Elder, and greene Goose dung, and Oyle of Oliffe, stampe them together and wring them through a cloath, and bath the hurt with a feather.

For burning or skalding in what place so euer it be.

TAke the white of an Egge, and put in a pewter dishe, and then labor it with an Allome stone, till it be like a Posset curde: then take a fine peece of Linnen and wet it in Oyle Oliffe, or in some other Oyle: then lay the layde cloath vpon the soare, and aboue it lay the forelayne curde made of the white of an Egge, and that shall drawe out the fire and heale the soare.

For burning or skalding.

TAke foure Egges & roll them, and take out the yolkes, and frie them in a pan softly vpon the Embers, till they bee blacke, and thereof will come an oyle, the which saue and put it in a Gallie potte, and vse it when they haue neede.

A medicine for a burning, for lacke of other thinges.

TAke the berries of the Elder-tree, and laye vnto the soare, and it helpeth.

An other medicine for the same.

TAke Oyle Olife, and beate it with water till it waxe very white, and annoint the place,

For

For a burning with fire.

TAke blacke Vernish, and all to annoynt the place with a feather, and it will stay the heat, and heale it as faire as euer did medicine, and so vse it till you be whole.

For a Canker in a womans Pappes.

TAake Goose-dung, and Salendine, and bray them well together, and lay them to the sore Pap, it will cleanse the Canker, slea the worme, and heale the sore.

For the Canker in the mouth.

TAke the iuyce of Plantine, Vineger, and water of Roses, and wash thy mouth withall many times.

A receipt to still a Cocke.

TAke a red Cocke of three or foure yeares old, and kill him, and dresse him fayre, and cut him in fower quarters, bruise the quarters, and picke out the fat out of them, then take half a handfull of red Mints, a handfull of hartstung, put them into the pot close, halfe a pint of water, and halfe a pinte of Malmesie, sixe croppes of Hysope, a roote of Parsely, a roote of Fenell, a roote of Endiue, twentie damaske Prunes, twentie Reasons of the sunne, fower Dates, and let it still twelue howres, and let the pot bee couered with past, with a platter vnder it, and let the patient drinke it euery morning next his hart.

A medicine for the Collicke.

FIrst take a handfull of Rosemary, as much of Time, and as much of Isope, one vnce of cloues and Mace, and seeth it in a pottle of white Wine, and let it seeth till it be consumed to a quart, then put therein a little sugar, and drinke thereof luke-warme, when you feele your selfe pained, and when it is sodden, as is before mentioned, you must burne it as you burne other wine.

For the Collicke in the side.

TAke a small Wooden vilhe, and put therein strke cold ashes, then lay vpon them hotte timbers without greate coles, and thereupon strewe a good quantity of Cummin-seede, and sprinkle it with Malmesie, and so doo till the vilhe bee filled: then couer the vilhe with a faire Linnen cloth double, and laye it hotte to your bare side, where the Collicke lyeth, and vse this two or three times, and it will helpe you. And for lacke of Cummin seede, take reede sage, Camemell, Isope, Time, Penerоyall, of like quantitie, and vse it as the Cummin-seede before.

A medicine for the stone.

TAke Pellitorie that groweth on the wall, ground Ivy, Sarefrage, Parsely, Auans, Wallowes, and red Nettles, Pepper, Therуel, and Moule-eare, and boyle all these hearbes, ouercrye of them a like quantitie in Whay, and clarifie the Whay with the white of an Egge, and drink fasting of it a draught.

Another for the same.

TAke halfe a pennieworth of Parsely seede, as muche of Radishe-seede, beeing well pressed and bruised, and seeth them all in a pinte of white Bastard to halfe a pint, and then drinke it milke warme.

Another to breake the stone.

TAke Hauthorne flowers, or for lacke of flowers, take Hawes and distill them, the flowers in May, and the berries when they be ripe, take of this water three spoonefulles, and three spoonefolles of Malmesie, and a quantity of Ginger, and drinke it warme.

A medicine, not onely to breake the Stone, but also clearely to purge you thereof, if you do vse the same dayly.

TAke the Roses of Hippetree, and pricked Hollyeleaues, and dry̆e them in an Ouen, and beate them

 seuerally

ſeuerally into dry pouder, then put them togeather, being firſt ſearced, and of like quantytie: then put thereto the powder of Grommell-ſeede, and Broome-ſeede, of like quantitie, booing but halfe ſo muche in quantitie, as the powders aforeſaid, and they being mixt altogeather, vſe dayly a good ſpoonefull of the ſayd powder, in a draught of Ale, Beere, white wine, or Reniſhe wine, euening and morning: and beſides that, you may vſe the ſame powder in brothes and pottages, the oftener the better: haue alwayes in ſtore a good quantitie of the ſayde powder, you muſt keepe the ſame alwayes dry, as in a Pipkinn by the fire ſide, or otherwiſe.

Another for the ſame.

TAke Parſely, diſtill it, and vſe to drinke of the water, in white wine, or in good Ale, and it will deſtroy the ſtone, Colliche, Strangury, and other paſſions, in man or woman.

A medicine for the Colliche and the ſtitch.

TAke the groundes of Malmeſeye, Sheepes Tallowe, Ribwoorte, red Sage, and Alliſanders, ſeeth all theſe togeather, and make a plaiſter thereof, and lay it to the griefe, and annoint you with Oyle Oliffe, and Oile of Balme mixed togeather.

For the Colliche and Stone.

TAke Pellitorye, vnſet Leekes, and Mallowes, of euery like quantitie, ſtampe them, and put thereunto a penyworth of Neates Oyle, fry them well togeather in maner of a Plaiſter, put them in a bag of Linnen clothe, and being very hotte, lay it to thy bellye, and it helpeth within an howre.

And for the Stone, lay the ſame to the raines of the backe behinde, and it helpeth with ſpeede.

For the Colliche and Stone.

TAke halfe a pound of Time, as much Parlely rootes, and blades halfe a pound of alisander-rootes, and seeth them altogeather in a pottle of ale, vntill it consume to a quart, and so drinke it fasting.

For the stone, and for him that can not pisse.

TAke a quantitie of Time, Parlely, crops of Fenell, Sinckfoile, Alisanders, of like quantitie, fiue or sixe cloues of Garlicke, stampe them altogeather, and straine them with white wine or ale, and drinke thereof first and last warmed.

¶ *A speciall medicine proued for the Stone, Collicke, Dropsie, Strangury, and Iaundies.*

TAke of Creame halfe an vnce, Ginger, Annis-seed, Liquorice, Pales, Nettle-seedes, Grate Saffron, of each two penyweight, Fenell seed, and Spikenard, of each one penieweight and three penyweight of sinamon, make all these in powder, and drinke thereof halfe a spoonefull at once in pottet ale, or pottage.

A good powder to help one that hath Collicke passio.

TAke annisseedes, Fenell-seedes, and Caraway-seeds of euery of them halfe an vnce, Ginger, Galingale, and synamon, of euery of them two dragmes, Cloues, Pales, and Cardam, of euery of them halfe a dragme, Set-wall flower dragmes, sugar eight vnces, make them altogether in powder.

¶ *For the stone or stopping of the Water.*

TAke a pinte of white wine, and therewith make a pottet, then take all the Curdes waye, and put into the Pottet-ale, twoo peny-waygbt of the scraping of white Sope, and boyle it, then drinke it as warme as you can.

A soueraigne medicine for the Stone and Collicke, and to breake them both.

Take

TAke parsly-seedes, brome-seedes, gromel-seedes, fenell-seedes, annis-seedes, planten-seedes, and smallage-seedes, of euery of them a quarter of an ounce, and of Nutmegs halfe an ounce, of sugar tried foure ounces, and beate them altogether in a morter, vntill they be very fine, then searce the pouder through a searce, & vse to drink this pouder euening and morning, three daies in a weeke, with wine or other drinke luke warme, and take of this pouder at a time, the quantitie of a great hasell-Nutt, and if the paine be great, take of the Dyle of Scorpions, with Dyle of Roses, and annoynt your side where the paine is, against the fire.

A medicine to purge the bladder of him that cannot pisse.

TAke fenell, and the rootes of allesanders, parsly, the leaues and the roots of hart-stung-maiden-heare, & seeth them in white wine, and giue it the Patient to drinke, and it shall purge the bladder in short time.

For the same.

TAke Rewe, Grommel, and Parselie, stampe them together and temper them with white wine, and giue it the sicke to drinke warme.

For him that cannot well pisse.

TAke a Flint stone, and lay it in the fire vntill it be red hot, and therewith warme your Ale, and then drinke thereof.

To prouoke Vrine, and against the stone.

TAke three quartes of Ale, warme it well, let it bee skummed thrise: then put to it a handfull of Tyme, a handfull of Rosemarie, and a handfull of Peniroyall, and let them seeth together till one quarter bee consumed or more: then straine the hearbes from the Ale, and drinke a draught of the Ale first and last warme.

To make one pisse.

TAke a quarter of a handfullof Parsly, as much redd Fenell, wash and shred them small and put them in a cup of stale Ale, and make a Posset therewith, and drinke the Ale, and it helpeth.

For a man that pisseth bloud.

TAke Ambros, a handefull, *Bursa Pastoris*, a handefull, Parslie-seed a handfull, stampe them altogeather, and giue the sicke to drinke in Goates milke.

To prouoke Vrine.

TAke a handfull of redd Nettle-rootes, and seeth them in a quarte of good Ale till it bee consumed to a pinte, and put thereto halfe a dishe of Butter, and let it be clean skummed before the Butter be put in, and seeth in it Alisaunder-seedes, Parslie-seedes, Grommell-seedes beeing beaten into fine pouder, and straine them thorough a fine cloath, as much of the one as of the other, and drinke therof first and last.

For the same.

TAke a quantitie of blacke Sope, and English Saffron, and temper them together colde, and laye it cold vpon your Nauill being spread vpon a broad paper, or red leather, and then lay vpō it, linnen cloath of ten or twelue foldes hotte, and roule you with a towell, and so lie downe vpon your bedde warme, and it will make you pisse within an hower.

A drinke for the windie Collicke.

TAke a quart of Malmesye, and two spoonefulles of the pith of Parsly-rootes, and a handfull of Violet leaues,

and

and fiue Bay-leaues, ſeeth all theſe together vnto a pint, and drinke it morning and euening warme.

To take away Cornes.

TAke Marygolde ſtamped, and laye vpon the ſoare Euening and morning, and it profiteth. Or elſe, pare your Corne, and laye thereto Turpentine and redde waxe boyled togeather, and make a plaiſter thereof, and it helpeth.

To do away a Corne.

TAke and cut away the Corne, & drop into it a drop, or two of a blacke Snaile, and put thereto the pouder of Sandeſer, and it will doe it away.

For the ſame.

PAre away your Corne, as neare as you canne, put into the whole vnſleckt Lime, as much as a Fatch, and couer it with a plaiſter of waxe and Roſen, and lette it lye foure and twenty houres.

To make a Water againſt a conſumption.

TAke a quarte of Roſe-water, as much of womans milke, milke of Goates, of Mares, or of Cowe-milke, put vnto them thirtie yolkes of Egges, wel mingled togeather, and thereof Still a Water, whereof giue the Patient to drinke warme firſt and laſt with a Take of *Manus Chriſti*, made with Golde and Pearles.

For a Conſumption in the reynes.

TAke Clarie leaues and pycke them, and frie them with two or three yolkes of Eggs, and put therunto Saffron dryed vpon a stone, and grinde it small, and put all togeather, and frie them in fresh Butter and eate it warme next your hart.

To make Iellie for one that is in a Consumption.

TAke a Legge of Veale, and cutte away the fatte, and a Capon or Cocke new killed, and skald him, and washe him cleane, and let the Capon and the Veale lie in water the space of three howres, and seeth them on the fire, with two Pottles of faire water, skumme it cleane, and as the Fatte riseth, take it off, and so let it seeth, till halfe the broath be consumed: then put in a Pottle of racke Renish wine if you haue it, or else a Pottle of white-Wine, and lette it seethe altogether, vntill it consume to a quarte, and clarifie it with three or foure whites of Eggs, and let it runne through a Jelly bagge, and then set it on the fire againe, and put in one pounde of Sugar, and one ounce of sinamon grosse beaten, & then let it run through a Jelly bag, three or foure times, and after let the Patient drinke thereof warme.

An excellent medicine against the extreame Cough.

TAke Fenell-rootes cleane washed, Annisseedes, and a little Liquorice, and seeth them altogether in white wine, and take the white wine, and drinke a good draught thereof when you goe to bed, and the next morning, take a Figge and a Date, and roll them, and eate them somewhat hotte, and neither eate nor drinke in two or three houres after, and in two or three times drinking it shall helpe you.

A powder for a Cough.

TAke eight-penniwaight of fine Ginger, and sixteene penniwaight of potuder of Elecampane-rootes, and one ounce of powder of Liquorys, and two ounces of the powder

powder of Anniseedes, and three vnces of Sugar-candy mingle all those together, and vse to eat it when you wil at all times in the day, and you shall finde ease therein, for this medicine is well proued.

Another for the Cough, and to drie vp the reume and fleam

TAke a handfull of Sage, a handfull of bay-salt dried at the fire, a handfull of Commun, a penniworth of Cloues, and another of Maces, and beate all these and mingle them together and put them into a linnen bagg, the length and breadth of a mans hand, and quilt it, and vse it hotte vppon the mould of the head till you be eased, warmed morning and euening, and lay it to your mould againe.

For the Cough of the lungs.

TAke a pottle of running water, twentie Figges, a quarterne of the best Sugar, a good quantity of Liquoras and Anniseedes, a peniworth of Maydenheare, a handfull of great raisons the stones picked out, and boyle them vnto a quart, and so warme a little in a stone-cruse and drinke thereof.

For the Cough.

TAke Isope, Horehound, sugar and water, boyle them altogether till it come to a thinne syrop, and so vse to eate it euening and morning, and all other times when you thinke good.

A syrope for a Cough.

TAke a pint of Isope water, and halfe a pinte of Rose water, and a good quantitie of Liquoras bruised, a great spoonefull of Anniseedes, halfe a pound of white sugar-Candie: let all these boyle together til it come to a cleare syrope, then put it in a faire glasse straigned, and take this syrop at all times in the day or night when you list.

For the Cough.

TAke a toſt of bread and make it hote, and put on ſweet Sallet-oyle, on both ſides of it, and eat it euery morning and it will helpe you.

A remedie for the ſame

TAke Barrowes or Boyes-greace, three or four cloues, of Garlike, and ſtampe them together, and warme and annoynt thy feete therewith at thy going to bed, and ſo keepe them hote with a toaſted trencher, and warme clothes, and you ſhall recouer.

A medicine for the chin-cough for children.

TAke Boyes-greace, and warme the ſoules of theyr feete to the fyre, and chafe them with the foreſayde Boyes-greace, and let them goe to bed and keepe them warme and lay clothes to their feete.

A medicine for the cough and the wheeſing.

TAke a pound of Sugar Candy ſomewhat finely beaten, halfe a pound of Liquoras ſearced, and halfe a pound of Anni-ſeedes ſearced, and an ounce of the pouder of Ginger, an ounce of Elicompane-rootes, made into powder and mingle theſe together, and take of the ſame powder halfe a ſpooneſull at a time, when you goe to bed, and when you riſe in the morning.

For a cough.

TAke Iſope, Liquoras, Horehounde, a little of the roote of Elicompane, greate reaſons, Figges cutte in ſmall peeces, and Anniſeedes: boyle all thoſe in water, then ſtrayne out the water, and drinke it in the morning faſting.

For the cough and for ſtopping at the breſt, and to open the pypes, and to auoid much corruption.

TAke the roote of Elicompane, and a roote of Radiſh and ſhred them thinne, and Peare-Wardens, twice

ſo

ſo much as of both the others, then put all together into a newe earthen potte, then put thereunto clarified hony till it ouerflowe the ſayde ingredience, then couer the potte, and paſte it that no breath come out, and ſette it into an ouen, and let it bake with a batch of breade, and giue the licke thereof a ſpoonefull at morning and an other at night.

A ſouereigne medicine for the cough of the lunges, Maiſter Bakers medicine.

TAke three pintes of running water, halfe a pound of Portingale Sugar, with nine Figges, and halfe a ſpoonefull of Annileedes bruſed, a handfull of Raiſons of the Sunne cleane waſhed, hauing the ſtones picked out, a penniworth of Maidenhaire: let all theſe boyle together vntill the one halfe and more be boyled away, and then ſtraine the ſame through a fine cloth, and euery morning drinke two ſpoonfulls of it luke warme, and you ſhall find preſent remedy.

For the Crampe.

TAke holy-oke, oyle of Violets, and of ſwines greace of each like much, and make an oyntment, and annoint the place.

An excellent ſalue for a cutte.

TAke two handfulles of Bugle which groweth moſte commonlye in woodes, and as much Valerian, bruſe them very ſmall: then take a quantitie of Deeres-ſewet, halfe ſo much vnwrought ware, ſo much of theſe two as the hearbes maye bee boyled therein, then ſette it on the fyre, and when it is halfe boyled put in a quantitye of the beſt Turpentine that you can get, then let it boyle till it bee inough, and all the while ſtirre it well, when it is boyled inough, ſtraine it through a cloth into a veſſell and ſo keepe it.

A salue for a nerue cutte, that will not leaue bleeding.

TAke the blades of violet leekes and stampe them, and put thereunto honey and Wheate-flower and stirre them well together vntill they bee thicke: let it come neere no fire, but all cold laie it to the wounde and it will stanche the bleeding, and drawe out the bruised bloud and make it cleane.

A medicine for deafenes in a mans head.

TAke a quarte of Malmesey, a penniworth of Commin and viii. Betanie leaues that groweth on the land, then boyle all these together, till the one halfe of the Malmesie bee consumed: then take the potte that you boyle your medicine in as soone as the hearbes bee boyled and couer it with a tonell and bynde it close aboute the verge that the heate come not out, then put a quill in the other ende of the tonell, then put the patientes eare thereunto, so that the heat maye go close into the heade, first the one, and then the other, and whilest the heate is driuing in the one eare, you must stoppe the other with blacke wooll, and you must haue hote clothes to keepe in the heate on the other side of the heade whyle that your medicine worketh: then serue the other eare likewise. You must vse it three times in the daie, that is to say, in the morning, at noone, and at night, and so you muste continue the space of three daies and three nightes. See that the patient come not in any open aire the space aforesaide, and you must put to your Malmsie a quarter of a pinte of cleere running water.

A good medicine for deafenesse, vsed by Thomas Steeuens of Bushton.

TAke Bay-berryes, Bay-leaues, Betanie, and Sticardes, of each of them one handfull: seeth them in white wine to the halfe, and for an old man in Malmesey, then put it into a vessell that hath a narrow mouth

and hold your eare ouer it beeing vnſtopped, ſo that you maye ſuffer it being not too hote, nor too cold, then take oyle of bytter Almons, and let droppe thereof two or three droppes into your eare, and alwaies haue a locke of fine blacke wooll that groweth betweene the ſheepes legges, to ſtoppe cloſe your eare therewith, wherein if you put a little muske, it will bee the better.

A ſoueraigne medicine for the paine and buſhing in the head, which hindereth the hearing verie much.

TAke one cloue of Garlike, pill it, and picke three or foure holes in the middes, and dip it in fine Engliſh honey, and put it into your eare, and put a little blacke wooll after, and lye vpon your other ſide eache night and ſo let it continue in your ear for the ſpace of vii. or eight dayes, and it wil expulſe the humors at your noſe, expel the payne, and reſtore the hearing.

For the paine in the eare.

TAke two handfuls of Sage, one hand full of Iſop, and halfe a handfull of Roſemarie, put theſe in a little pillow boyled in Roſe-vinegar, *Aqua vitæ*, and roſe-water, and lay this to thine eare as hot as thou can ſuffer it.

An oyntment for a ſwelling.

TAke a good quantitye of Smallage and Mallowes, and put thereto two pound of Boyes-greaſe, one pound of butter and oyle of Neates-feet a quantity, and ſtampe them well together, then frye them and ſtraine them into an earthen veſſell.

To make a drinke for an extreame heat or drought.

TAke a pottle of fayre water, a handfull of Succorye, a handfull of Endiffe, a handfull of Violet-leaues, a handfull of Burrage, halfe a handfull of Lettice, two Fenill-rootes, two Parſlye-rootes, put them all in your pottle of water, and let them ſeeth from a pottle

to a quarte; then take it off and put a little Sugar to it, and let it haue two wallowes more, then drinke of it as you lift.

To make a dyet-drinke.

FIrst, buy a dyet-pot and fill him full of Conduit water, lacking a quarte, then put to the water a quart of white Wine, and set him ouer a softe fyre of coales, then put thereunto a pound of Liquoras scraped and cutte in small peeces, halfe a pound of Annifeedes bruled, halfe a pound of *Linga-vitæ* bought at the turners, & an ounce of the barke of the same, whiche you maye haue at the Pothicaries, then let all these boyle together, an houre and a halfe, so that one parte of the licoure be boyled away: then take and straine it into a fayr vessell and keepe it close, and drinke thereof first and last a prettie draught warme.

A water for the eies.

TAke kindelye Roche Allome white, a small quantity of Redrose-water, and the iuice of red Fenell, and the white of an Egge well beaten, and take of the scome of the Egge and beate them togeather, and then straine it through a fine cloth, then dip your finger in the water and let it drop into your eye.

Good for the sight.

ALL this is good for the sight: Red-roses, Veruaine roottes, Fenell, Salendine, Pimpernel, *Oculus Christi*, to washe your eyes with cleare Water, or to looke vpon grene colours, measurable sleep, to looke in a fayre Glasse, often washing of your hands and feete, and it maketh your meat to disgest well.

Ill for the sight.

TO study after meat, Garlicke, Onions, Leekes, Lettice, too sodaine going after meat, and Wines, hot or colde ayre, drunckennesse, gluttonie, Milke, Cheese, much beholding of bright thinges, and as euill redde thinges,

as

as white, much ſleep after meat, too much walking after meat, and too much letting bloud, cold Woztes, fire, duſt too much weeping, and ouermuch watching.

A ſpeciall good water for the eies.

TAke a new layd Egge, and roſte it harde, cutte the ſhell in the middeſt, and take out the yolk, and put in a peece of white Copozas, where as the yolke lay, and binde the Egge together againe, and let it lye in the fire, vntill the Copozas be reſolued to water, then take the white out of the Egge, and cut it in ſmall peeces, and put it into a Glaſſe of running water, & let it ſtande a while, and ſtraine it thzough a fine cloath, and keepe it in a cloſe Glaſſe, and dzeſſe the eye euery mozning and Euening.

To kill the pinne and the Webbe in the eie.

TAke a quantitye of thzee leaued Graſſe, as much redde Feuell, as much redde Sage, as much Daiſies, the White of an Egge beaten, and the froth taken away, and halfe a ſpoonefull of honey, and ſtampe all the herbes togeather, and then take the iuice thereof, and put therunto the white of the Egge, and the Honey, and then ſtur them together, and dzop the ſame into the eie of the patient: and then take a plaiſter of Flaxe-towe, and dip it in the ſaid medicine, and lay it vpon the eye of the ſaid patient, and binde it faſt, and let it remaine ſo an howze, at euerie time of dzeſſing.

Another for the ſame.

TAke the leaues of Salendine, and ſtampe them and ſtrain them, and put one dzop of the iuice of it in the eye, and it will helpe by Gods grace.

For the Webbe in the eye if it be old.

TAke the red Pimpernell, and *Euphrasia*, and stampe them in a Morter, and then frye them with Capons Greace in a cleane panne, and then wring it thorough a cloth, into a vessell of brasse, and let it stand therin three dayes after: put it in a boxe of horne or Tinne, and take thereof, and put it in the Web of the eye, and this medicine is soueraigne.

A good medicine for the eies being either Pearle or Webbe.

TAke three leaues of Daisies, and Pouch-wort, *alias Bursa Pastoris*, and the Thest lops, *alias* Woodbine, stampe them together, and straine them in a little good Ale: drinke of the same three seuerall mornings, two howres before you rise, and you shall finde ease, notwithstanding your eies will be sore, then wash your eies with running Water, then drinke of your drinke two morninges agayne, and you shall bee whole, and finde great ease by Gods grace.

A water comfortable for the eye.

TAke the iuice *Euphrasia*, or else water made of it, for it is the best hearb that can be for the eies, what way soeuer you take it.

For sore eies.

TAke Copperas and laye it in running water, and strain it, and when you goe to bed, strike the brees of your eies with the same water, and let it drop into your eies.

For the same.

TAke rotten apples and stil them, and with the water thereof, wash your eies, and it will purge and clense them, and cleare your sight.

A water verie comfortable for the eye-sight.

Take

TAke Roſe-leaues, a great handfull of red Fenel, and Veruain as much of Rew a handfull of Salendine as much, and ſtill them together, and you ſhall haue a good water, and comfortable for your eyes.

A drinke for the eye-ſight.

TAke a quantity of Iuy, that groweth vpon the Aſh, a quantitye of the rootes and leaues of Dalies in the ſeelde, a quantity of Fenell, and a quantity of three leaued Graſſe, all theſe being waſhed cleane, ſtampe them and ſtraine them with a pinte of ſtale Ale, and drinke therof euening and morning, or at midnight for a ſeaſon.

A perfect water, verie good for the eye-ſight.

TAke Sage, Fenell, Veruaine, Betony, *Euphraſia*, or Eye-bright, Pinipernell, Stinkfoyle, and Hearbe-Grace, and lay all theſe in white Wine all nyght, and then ſtill them in a Stillatorie of Glaſſe, or ſo, this water is ſpeciall good.

For the Emrodes, and to drie vp anie ſore.

TAke the broad Nemphane-leafe, commonly called cane-leaues, which grow in waters, waſh them clean put them in a paper, and frie them in the imbers, and apply them as hot as may be ſuffered, or make them in pouder, and caſt them into the ſore, and it helpeth.

For the ſame.

TAke redde Worts and ſeeth them in a pot, then take the pot, and ſet it vnder a cloſe Chair, and ſit ouer it, and lay warm clothes about the chaire, that no aire may go out, and ſo ſit ſtill ouer it, till it be cold, and then annoint the members with the liquor.

For the ſame.

TAke a plate of Lead, and rub thereon a quantity of Beares-greace, for a man, and Swines-greace for a woman and wash it out with white Wine, and anoint the Emeroides.

A Medicine for a red or high coloured face.

TAke Vine leaues, Strawberries, and Creame, and put two pence of Camphire vnto it, and put it into a Stillatorie with the foresaide leaues, and distill it, and take the water thereof, and wash your face therwith morning and euening, for a certaine space, and it will take away the high colour.

Another for the same.

TAke Cowcombers, and pare them clean, and cut them in slices, and stil them, and with the water that commeth of them, wash your face daily, three or foure times in the day, if you haue none of the water, then take the Cowcomber it selfe, and pare him, and rub your face therwith.

A medicine to destroy heat in the face, or in any other place, though it be Saint Anthonies fire.

TAke a quart of smithes water, a hand full of sage, a handfull of Elder-leaues, or of the greene barke, a penniworth of Allome, and seeth them altogether from a pottle to a pinte, then put it in an earthen pot, and annoint the patient.

For the pimples in the face.

TAke Wheate-flower mingled with Vinegar and Hony, and lay vpon them, and it will clense them.

Good for a fellon.

TAke sage, Rewe, Snailes, Bay-salt, and Bacon, and beate them together, and then lay it to the Fellon, and it shall helpe you.

For

For the ſame.

TAke hearbe-grace, March, and white Mozes, ruſtie Bacon, a little butter, a houſe-ſnaile, mingle them together, and make thereof a plaiſter.

A medicine for Biles, Fellons, and Vncoms.

TAke Wheat-flower, Bozes-greace, May-butter, and ſage, and ſtampe it togeather, and make a Playſter thereof, and lay it to the Byle oz Fellon, and it will both ripe it and dzaw it, and if it be fryed it wil wozk the better.

To ripe Byles, Fellons, or Vncomes.

TAke a pinte of ſweete Milke, and ſet it ouer the fire, and put thereunto a quantity of ſheepes-ſewet, ſmall chzed, and a handful oz two of Ote-meale fine beaten, and let all theſe ſeeth til it waxe very thicke, ſo that yee may ſpzead it vpon a fayze linnen cloath, and lay it as warme as yee can ſuffer to the ſoze, and it will quickly ripe him and bzeak him without great paine, then when he is bzoken, lay a little Turpentine vpon a peece of white lether pzicked full of holes, and it will dzaw and heale it.

Agargreſſe for fleagme.

TAke a quantity of Endiue water, and as much Honiſuckle water, a good ſpoonefull of Muſtarde pure, a ſpoonefull of Honey, two ſpoonefulles of Vinegar, and a little pouder of Pepper, two oz thzee bzaunches of Roſemary, and the leaues of Sage, and put all theſe togeather and heat them vpon a Chafing-diſh of coales luke warm, and let the patient put a ſpoonfull at once in his mouth, and hold his head vpwardes, and waſh his thzoate therewith, and it ſhall make him voyde much fleagme, let him take thereof as oft as he ſhall thinke good.

To breake the fleagme, and for the Cough.

TAke a pinte of Iſope-water ſtilled, one quart of good Muſkadine, thzee oz foure good Races of eale Gin-

ger, pare them cleane and cut them in slices, and twice so much Liquorice, and pare it likewise, one good handfull of sugar-candie grose bruised, put al these premises together in a glasse, and shake them together and stop it close and let it stande foure and twentie houres, then drincke thereof at your pleasure.

To breake fleagme.

TAke Butter without salt, and Honey, of eche a like quantity, & a few bitter Almondes: blaunch them and beat them fine, and eat a little euery day.

For the same.

TAke Smallage, and seeth it in Vinegar, then take the Vinegar and wash your brest withal, & then take the Smallage and put it in a cloth, and binde it to your stomach three houres.

For the same.

TAke Sorrell, and stampe it and straine it, then take the juice and temper it with old Ale, and drincke a good quantitye in the Morning before you rise out of your bed, then take a sleepe after, and you shall deliuer fleagme wonderfull to see for the quantity.

A medicine for the Flixe or Laxe.

TAke egges and roll them harde, then take the yolkes of them and straine them with red Wine, & put there vnto Sinamon, then seeth them together, and drincke it as hot as you may suffer it.

For the same.

TAke Wheat-flower and the yolkes of Egges, with the iuyce of Plantine, and make a cake of it, and bake it in an Ouen, and eat it as hot as you can, and drincke thereto red Wine or Relpice all hot, or else the iuyce of Plantine, for it will binde him.

A Caudle for the bloudy-Flixe.

Take

TAke a pint of red Wine, and the yolkes of fiue newe laid Egs, a good quantity of Sinamon, and a little Sugar, the pil of a Pomgranate dried and beaten to fine pouder, a good quantity, and boyl all theſe in a fayre platter vpon a Chafing diſh of coles, til it be ſomwhat thick then let the Patient eat of it morning and euening, and as oft els in the day as his ſtomack wil ſerue him thereto, and it ſhall ſtop him, be the Flixe neuer ſo great.

A ſingular medicine for the blouddy-Flixe.

TAke as much fine Linnen-cloth as will make a ſuppoſitarie, being wrapped round together buttõwiſe, then wet the ſame in the beſt *Aqua-vitæ* or *Aqua compoſita*, & let the partye grieued conuay the ſame into their Fundament, and it will helpe them God willing within three or foure dyellinges, this is prooued and hath holpen many that hath beene brought very low, and iudged paſt cure.

An other for the ſame.

TAke a peece of Allome as much as a Walnut, put it in a pint of newe milke, and ſeeth it on the fire til the Milke turn to a Curde, then take of the curd as you do of the Poſſet-ale, then take the Liquor that remaineth, and put vnto it a quantitye of the pouder of the pill of a Pomegranate, and Sinamon fine beaten, and let them drinke it, and it will ſtop them, and if they eat of the curd they ſhall be ſtaied the ſooner.

For the blouddy-Flixe.

TAke Almondes ſkinnes and all, and ſtampe them ſmal, and take the water of huſked Barly ſodden, and make thereof Milke, and put therein skinnes and ſcorches of Pomegranates beeing ſtamped to pouder, with a little Sugar, and ſo eate the ſame euery Morning and Euening, and put gaddes of Steele that hath beene made red hot in the fire into their drincke.

To ſtop the blouddy-Flixe.

TAke a quarte of Beanes dried ouer the fire, so that ye may make pouder of them, then bruse them in a morter very small and boult them, & take a quarte of good Ale and a quantitie of flowet, and so seeth them both together, & let the patient eat thereof at night as hot as may be suffered.

For the blouddy-Flixe.

TAke a pinte of running Water, and a pint of Warme Milke as it commeth from the Cow, and put them together, then put fiue or sixe flint stones in the fire, & when they bee redde hot quench them in that Liquor, then put them in the fire againe, and quench them againe three or foure times therein, till the Liquor bee halfe consumed, and let the partie drinke of it warme.

A medicine for the falling of the Fundament.

TAke red Nettles, bray them well, and put them in an earthen pot, and put therunto a good portion of white Wine, and seeth it til the halfe be wasted, and giue it the sicke to drinke first and last alwaies warme, and lay the hearbes to the Fundament as hot as ye can suffer it.

A plaister to heale a gontie Legge, a wound or sore whatsoeuer.

TAke a handfull of Mallowe-leeues, and an other of Groundsell, put them in a Possenet with fair water, and let them boil til they be sodden so tender that ye may make a plaister of them, then put the Liquor from the hearbes and straine them through a strainer vpon a platter, and set the platter vpon a Chasing-dish of coles, then put therunto a quantity of Deeres-sewet, or sheeps-sewet, clarified, and vnwrought waxe, Sallet oil, Turpentin and Rosine, let al them boil vpon a Chasing-dish of coles vntill they be thick: then straine all the said stuffe through a linnen cloth into a vessell that you will keep your salue in, and so let it stand vntill it bee cold, then vse the same being spread vpon a cloth, and you shall find ease by gods grace, and helpe.

A plaiſter for the Gowt or ache in the ioints, wherewith the Lord Ritch was cured, when all Chirurgions thought him to bee vncureable.

TAke halfe a pound of vnwrought Waxe, halfe a pound of Roſine, an ounce of Olibanum, a quarter of a pound of fine Litarge of golde, three quarters of a pound of white Leade beaten to powder, and ſearce it through a Searcer, and take a pint of Oyle of Neates-feete, and ſet it on the fire in a ſmall veſſell, with the Waxe and Roſine, and when it is molten, then put therto the other powders, and ſtir it faſt with a ſtick, and then put a little of it vpon a pewter Sawcer, and if it be hard being ſo tried on the pewter ſawcer, then take it from the fire and anoint a fair board with ſome of your oyle of Neates-feet, and as you may handle it for heate, worke it as it were Soldiers waxe, and make it in great roles, & make plaiſters of it with a Chafing-diſh of coles, and ſpread it thinn vpon a Linnen cloth or leather, and lay the plaiſter warme where the paine is, and ſo renew it morning and euening vntill you be whole, or till the ache be driuen to ſome other ioint, and then take the plaiſter and laye where the ache is, and beware of colde and hot Wines.

A medicine for the Gowte.

TAke fower handfulles of Walwort, and one handful of Horehound, and bray them in a Morter, and put their iuice to one pint of Swines-greace, and boyl them on the fire the ſpace of halfe an hower, then ſtrain it fayre for it is good for all cold Gowtes in the armes, legs, or feete, and for all griefes in the bones that commeth of cold.

A drinke for the Gowte feſtered.

TAke a quantitie of Archangell, Betony, Uerueine, of eche like much, and boyle them in Wine, and let the ſicke perſon drink therof firſt and laſt, and it helpeth.

A plaiſter for the ſame.

TAke a sawcer full of the iuyce of Smallage, another of wormewood, hony, Salt, and vinegar, and meddle them wel together, and do thereto a quantity of Rie flower, stirre them all together, and boyl them and make a plaister in a cloth, and lay it to the sore, vse the drinke aforesaide and the plaister, and it will helpe by Gods grace.

Good for the heart.

SAfron, Burrage, Muske, Cloues, Galingall, Nutmegges, the red-rose, Violets, Sugar, Paces best of all.

Ill for the heart.

BEanes, Pease, Leekes, Garlicke, Onions, sadnesse, anger, dread, to much trauell, to drinke colde water after trauell, and euill tidings.

A medicine for the passion at the hart, called Tremor-cordis

TAke the pouder of Burrage-flower, the pouder of Nutmegges, white Amber likewise in pouder, the bone in a Stagges heart, the pouder of Sinamon, all these pouders drinke luke warme with Beere, Ale, or Wine, euening and Morning, and the party grieued shall finde ease. These things must be portioned by good aduise.

A medicine for a continuall head-ache.

TAke Betony-water and take a cloth three or foure double, & but three fingers broad, wet it well in the Betony-water, and lay it to your forehead colde. Let the cloth being wet come rounde about the heade, and rye it fast, and in three or foure times thus doing, it will helpe thee: and when the cloth is dried, wet it again.

A medicine to cleanse or purge the head.

TAke Pellitory of Spain, & chew the root in your mouth three daies at times, and it shall doe away the ache and fasten the teeth in the gummes.

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A medicine for the paine in the head.

TAke a Roſe cake, cutte it in length and breadth of the forehead, then take Roſe-water and Vinegar of like quantity, as hot as you may ſuffer it, lay to thy forehead.

A medicine for the winde in the head.

TAke a handfull of flowers of Camamill, and halfe a handfull of powder of Cum min, and mingle them together, and make two bags of the breadth of your eares, and lay them thereunto.

For the head-ache,

TAke the iuyce of Rew, and put it in the Noſethrilles, for it getteth out the fleagme and cleanſeth the brain, the hearbe ſodden in Wine doth the ſame.

For the Megrine or head-ache.

TAke foure or fiue Nutmegs, and pare and ſlice them as you would pare and ſlice Ginger thinn, then make two little bags of linnen cloth, of the length of your finger, and put in the Nutmegges, then take a quantity of pure red roſe water, and lay your bags in the ſame water in a diſh vpon a chafing diſh of coles, and make them hot, and lay them to the Temples of your heade.

A medicine for the Megrime truly prooued.

TAke halfe an ounce of Pepper, two Nutmegs, halfe a quarter of an ounce of Graines, one pinte of Vinegar and a handfull of Roſemarie, and boyle altogether betwixt two platters vpon a chafing-diſh of coles, and then take a cloth and put it ouer your heade, and holde your head cloſe ouer it till it be boyled wel neer all away, and by Gods grace it helpeth.

For the Megrime

TAke fiue leaued Graſſe, and Mozell that is called S. Mary hearb, euen portions of theſe two, and Betony

as much as of both the other: and beat all these in a morter, and take the iuice of them, and put to the same iuice as much May-butter as the quantitye of the iuice, and thereof make an oyntment, and annoint therwith the patients browes when he goeth to bed.

Another for the same.

TAke bole Armonack, Sanguis dragonis, and *Terra sigillat*, of each like quantity, and beate them in pouder, then to make a plaister, take flaxe and laye it vpon a russet Paper, as broad as you will haue your plaister, and take the cleer of an egge and lay it vppon the flaxe, then take the forsaid pouder and cast it on that side of the plaister that shall lye next your head, and put one fold of russet paper, or els of linnen between your head and the medicin, or els it wil cleaue very sore to the hear of your head, & this medicin is sure and wel proued.

A good medicine for the Megrim in the head.

TAke Leather vnallomed, so broade as your forehead, and in length from Temple to temple, raise the same Leather, but not through: thereupon lay the Dyle of the white of an Eg, then take of the Apothecaries Sanguis Dragonis, beat it into pouder, and scatter the same vpon the oyl thinly: and this done, lay it vpon the forehead, not taking it away till it be ready to fall away of it selfe.

A medicine for the blacke Iaundis.

TAke Wheat-strawe, and laye it abroad vppon a [illegible] flower in a close house, and put in Geese, and watche when they dung, and take it vp whole, and with a knife scrape of the white that is about the dung, till you haue a quantitie therof, then dry it in an Ouen and make pouder thereof, and drinke it morning and euening in Ale warmed, and that wil cure both the blacke and yellow Iaundis.

An other medicine for the blacke Iaundis.

Take

TAke the herbe Ambros, Betony, Mugwort, of ech of them a handfull, of Centurie halfe a handfull, and three or foure Docke-rootes cleane waſhed and ſcraped, and ſtampe al theſe together in a Morter till they be indifferent ſmall beaten, then take Spicknell, Turmerack and *Galigarie*, of each of them like quantitye, and ſtampe them likewiſe in a Morter, then put the herbs in a clean linnen-cloath by them ſelues, and the Spices by them ſelues, and tie them faſt with ſtrings, and hang them in a Gallon or two of Ale when it is new, and readie to bee tunned, after three or foure daies drinke euery morning next your heart a good draught thereof, and drinke or eat nothing two or three howres after, and doe ſo likewiſe when you go to bed, and no doubt, by Gods grace it will helpe you.

For the black Iaundis, M. Anthony Cox priſoner.

TAke the Gall of a Rauen and drie it, and grate into pouder, take a quantity in a ſpoone, and temper the ſame with Beere or Ale together, and drinke it faſting in the morning.

A medicine for the yellow Iaundis.

TAke a handful of red Nettle crops, and ſeeth them in a pint of Ale, and drink the ſame being ſtrained three or foure dates togeather.

An other for the ſame.

TAke hard Spaniſh ſope, a little ſtale Ale in a cup, and rubb the Sope againſt the cuppe bottome, till the Ale be white, and ſhaue in Iuorie, and let the patient drink thereof firſt and laſt til he be whole.

For the ſame.

TAke Salendine leaues, and put them in your Noſen, next your feete.

A medicine for the yellow Iaundis.

TAke a bigge Apple, and cut the top so, as it may couer the Apple againe, and take out the coare, and put into it some sweete Butter, and a good deale of Turmerick, and a prety quantity of English Saffron, and roll it very tender, and let the sicke person eate of it three or foure mornings together, or more if neede be.

For the same.

TAke a quart of white Wine, a great handfull of Salendine leaues, and boyl them to a pint: but in Winter take the rootes and drinke thereof euening and morning warme.

For the Yello.

TAke Bay-salt, Otes, and Commin, and dry all these, and make two bagges thereof, and as hot as may bee suffered, lay the one after the other to the Plow or crown of the head, and so vse it a good while.

For the same.

TAke sharpe Leauen, and Baye-salt vpon it colde, and put it to the Yellow, and it will helpe.

A very good medicine for an Itche.

TAke Docke roots, and beat them, bruse them, and frie them with freshe Butter, and annoint the Pacient with the Salue, and in fiue or sixe times dressing, it will helpe you.

To make one seeme yong long, to purge the winde, and cleare the sight.

MAke powder of Fenell, annisse, and Elicompane, and temper them with *Aqua-vitæ*, and dry them againe, and eate a quantity hereof euening and morning.

To make a whay laxatiue.

TAke a pinte and a halfe of clarified Whaye, halfe an ounce of seeney, a grotes worth of annisseedes, halfe a handful

handfull of Hops, Burrage, Bugles, of ech halfe a handfull, and a little Fumitory, and ſeeth all theſe in clarified Whay, vntil it be halfe conſumed, and drink it two mornings.

A good plaiſter for feſtered legs, that haue bene long ſore.

TAke March, and wilde Tanſie, Plantine, & the great Morell, Hony, and the white of an Egge, and Milke of a Cow that is of one colour, and Barlye flower, and thicke all theſe together, and bray the hearbes in a morter, and after that mingle the reſt with the hearbes.

For the ſtopping in the Liuer.

TAke the broth of a Chicken, of Mercury, and Succory halfe a handfull, and a few great Raiſons, and pick out the ſtones, and let all theſe boyle together, then take a few bitter Almonds, and blaunche them, & beate them and with the ſame liquor make almond-milk, and ſo vſe to drinke it euery morning firſt.

Another for the ſame.

TAke Madder rootes, boyle them in halfe a pinte of Ale, and let it ſeeth to a draught, and let him drinke it in the morning faſting, twiſe in a weeke.

For the ſame.

TAke Turpentine of Uenice, to the quantitie of a bean and put it into a ſpoone, and holde it ouer the fire till it do melt, then put thereto a little white Sugar, and let him eate it euery day faſting.

For the ſame.

TAke great greene Capers, and lay them in Ueriuyce, fiue or ſixe daies, & then wring them out of the iuyce, and put a prettie quantitie thereof in a Saucer, and put vnto them ſirop of vineger, and eate them an houre before dinner, and an houre before ſupper.

For

For heate in the Liuer, or drinesse in the hand.

TAke a quantity of Strawberry water Stilled, seeth therein a quantitie of Liuer-wort, and drinke it with as much strop of Pints.

For the heate of the Liuer.

TAke Saunders, and good strong Vinegar, and heat them hotte, then take the scarlet in Graine and dip it in the same, and so lay it to the spoone of the breast, on the right side.

For the Pluriſie.

TAke brooke-lime, sheepe-sewet, and a little faire water, and frie them together in a frying pan, and make therof a plaister, and lay it to the patients side, and it will draw out the corruption.

For the Pluriſie or Stitch.

TAke *Aqua vitæ*, and Capons greace, boile them together, and dip therin black wool, and lay it hot to the stomacke, and that will ease the stitch.

For the Lungs.

TAke the Lunges of a Fox, and drie it to pouder, and put a quarter of a spoonefull into a little Almond-milk, or broth, and eat it, and it is very good to preserue the Lungs.

For the pricking of a thorne or Needle in a ioynt, and the hole be ſtopped againe.

TAke fine bolted flowr of Wheat, and temper it with white wine, and boile it together vntill it be thick, and lay it on the sore as hotte as yee maye suffer it, and that shall open the hole, and draw out the venome or filth and ease the griefe, and heale and close it vp againe, and for lacke of white Wine, yee may take Ale or Beer and this medicine is good to heale a Bile, Whitlow, or Uncome.

An

An eaſie Purgation.

TAke a pint of of white Wine, and one ounce of Senie and a good handfull of Reiſons of the Sunne, the ſtones beeing taken out, and halfe a ſpoonefull of Anniſeeves, put all theſe into the ſaide white Wine a whole night, and the next morning Boyl it to a draught, and ſo let the perſon drinke it luke warme, and if you will, you may put thereunto three or foure rootes of Polipodie of the Oke.

An eaſie Purgation.

TAke two pound of Figges, and put them in a Gallon of fine wort of Barly malt, put thereunto two ounces of the pouder of Liquoras, an ounce of ſugar: when the Figs are boyled, bray them ſmall in a Morter, and draw them through a ſtrainer, and let it boyle againe, and caſt thereto a pinte of the beſt Oyle Oliue: when it is well cooled, an ounce of Reiſons or Corrans, and eat this with light bread.

A plaiſter to be laid to the ſide that the Melt is in.

TAke a good quantity of newe Wheat branne, almuch anniſeeves, and beat them ſmal in a morter, then in a pan mingle them with Vinegar vpon the fire, till it bee like a plaiſter, then put it in a linnen bagge of two handfuls long, and one handfull broad, and make it thin, and warme, lay it to the ſide where the Melt is, and rol it faſt and in the morning take it away, and then waſh the ſide with his owne water, and drinke againe, vſe this order fower nights.

For the Morphew.

TAke and drinke Elder-water nine daies, three ſpoonfulles, and every day looke that yee ſweate, then take three or foure Oke apples, and lay them in white Vineger fower and twentie howers, and then waſh the body with the Vineger, and it helpeth.

A medicine for the Morphew

TAke the iuyce of salendine, and mingle it with pouder of Brimstone, and lay it wher the morphew is, all colde.

For the morphew, white or blacke.

TAke Betony, Hartstong, sage, plantine, redde Fenel, water Cresses, of euerie of them one handful, of hearb Benet, half a handful of the leaues, of Veruain an ounce, and still these, and drinke euerie day fasting therof foure spoonefuls, and walke an hower after vpon it.

A water to clense the mouth, and to fasten the teeth.

TAke sage and Woodbine leaues, of eche a handfull, a good spoonfull of Honie, a piece of allome, as big as a good walnut, boil al these together in a quart of running water to a pint, & wash the mouth with this water luke warme, three or foure times in the day.

For to destroy a ring-worme.

TAke a red Docke roote, and let the roote be pared, and when it is pared, lay it in vineger, till it be wel steeped, and then rub it well vpon the Ringworme, and if it be very ranke, take the pouder of brimstone, and lay it in the vineger, and temper them wel together, and then rub well the ringworme withall, and it shall destroy it.

A medicine to kill a Tetter, Ringworme, or any kinde of itche.

TAke sallet oyle and salt tempered together, and being luke warme, annoint the sores.

A restorytie which diuers noble men haue vsed, and hath prolonged their life.

THey tooke a pound of Cap Dates, cleane picked, and the stones taken out, and caused them to be sodden in a pint of muscadine, till the wine were some deale consumed, and keepe it in a glasse, and thereof did put in their pot-

potage three or foure ſpoonefulls at once when they do eat any broth euery meale.

To heale the veſſell wherein Nature lieth if it be broken.

TAke the huſkes of Iadels or Acornes dried, and beaten to pouder, take a ſpoonefull, and drinke it in the morning with a little warme Ale, and lie in your bed an hower or two after.

For the Palſy.

TAke a handfull of ſage, a handfull of Southernwood, a handfull of ſpike, a handfull of Lauinder, a gallon of running water and boyl all theſe together, till it come to a pint and a halfe, then ſtrain it, and put it out into a ſton cruſe, and take euery time thereof three or foure, or fiue ſpoonfuls in a lauer luke warme, and gargle it in your mouth to and fro, and after ſpit it out, and in like maner, put four or fiue ſpoonfulls in a lauer luke warme, and ſo chafe that part of the body, that is pained with the palſie, with a ſpunge dipped in the ſaid water.

Another for the ſame.

TAke pouder of Pepper, and powder of Pellatorie of Spaine, and pouder of Iuy, of ech an ounce, and pouder of ſage two ounces, and vſe this pouder in thy Potage.

For lameneſſe in the ſide, comming by Palſie.

MAke a bath of ſage and Hyſope, and boyle a great quantitye of them togeather in running water, and bath the ſide that is ſore with it, and bind the hearbes to it as hot as you may well ſuffer it.

A medicine very good, eſpecially for thoſe that be taken with the Palſie, though not the ſhaking Palſie.

TAke the bloud of a Fore, warme as it commeth from the Fore, the bloud about the heart is beſt, but all the reſt is good, and with this bloud all to chafe the place that is taken, and then take the skinne of that Fore, and put the raw ſide neere where the Palſie

is, and it must lie to it at the least twelue howres, and in the mean time, til you can get that sore, chafe the nummen place with oyle Olliffe, *Aqua composita*, this medicine of the sore is speciall good for the Palsie, and hath beene well proued.

A medicine for the Palsie, that taketh away the speech.

TAke Sage leaues, and Primrose leaues, and if it be Winter, take Primrose rootes, and then beat Sage and the Primrose leaues together, of each like much, and straine it with Ale, and giue it to the sicke to drinke a good quantitye, this is well prooued.

For the same.

TAke Sage, and dry it betweene two warme Tyles, and lay it to the nape of the necke, and binde it to the wrestes of both the armes, then take a Nutmeg, and slice it thin, and lay on slice aboue the tongue, and an other vnder the tongue, and so vse it as often as ye will, and by the grace of God it shall do much good: the necke and wrest to be annointed with oile of Speek, or water of Speeke.

A medicine for the Palsie.

TAke Lauender, Speeke, and sage, and still them, and drinke thereof a good quantity euery morning being warm, either in Ale or otherwise take also Sage, and bet tonp and put them betweene two dishes vpon a chafingdish of Coales, and sprinckle them with good Malemsie, and so applye them warme to the nape of the necke and the wrestes of the handes.

A medicine for the Piles.

TAke the beardes of the heades of vnset Leekes, and wash them cleane, take a quantity of running Water, and seeth them therein till they be somewhat tender, then drie them well in a Linnen cloath, stampe them as small as you can, then take a good peece of fresh Butter,

boyle them therin vpon a Chafing-diſh of coales, and put in a good quantitye of Engliſh Saffron, and boyle them together, and when it is well boyled, ſtraine it through a fayre cloath into a Glaſſe, and keep it, and when you will occupy it, make a plaiſter thereof vpon a Linnen cloath, and lay it cold to the griefe.

To ſtench the bleeding of the Piles.

DRinke the iuyce of Pilſoyle, for that is proued: alſo doe thereunto the pouder of burnt Garline, and the Pyles ſhall dye.

To deſtroy the Pyles.

TAke oyl of Roſes, and frankenſence and Hony, and make an oinctment of them, and put it in with thy finger into thy Fundament, and put thereunto Mirrhe, and often annoint the Fundament therewith, and let the byeth therof go vp into thy Fundament.

A true medicine for the Pyles.

TAke blacke Wooll, and blacke Sope, and binde it thereto.

To make a ſalue to bring wounds that rankle & ake, into their own kind, and ceaſe the burning and itching.

TAke the iuice of Smallage, and of Plantin like much, take Honey, and the white of an Egge like muche, and put to them boulted flower of Wheat, and ſtir them well together vntill they be thicke, and let it come neer, no fire, but all cold and raw, lay it to the ſore, and it ſhall clenſe the wound and ceaſe the aking, and bring it to his kinde, and heale the wound fayre, for this is a principall ſalue.

For a wound that is often healed, and ſore vnderminde.

TAke Barly meale, the white of an Egge, and Hony, and mingle them together, and make a plaiſter thereof, and apply it to the ſore, and it helpeth.

A plaister for a greene wound.

TAke flower and milke and seeth them altogether till it be thicke, then take the white of an Egge and beat them together and lay it to the wound, and it will keepe it from rencking.

To make Milonitret to cure any greene wound or Uncome, or others, whatsoeuer they be.

FIrst take two pound of Rosine, halfe a pound of ware halfe a pound of Frankensence, a quarter of a pound of sheepes sewet clarified, put them into a fayre pan, then take a pottle of the iuyce of Millonet, boyle these aforesaide stuffe with a soft fire till they be moulten, and stirre them a prettie while, then put thereunto the iuice of your Millonet, and stirre them till they be cold, and let them stand a day or two, then melt it againe with a soft fire, and when it is molten put thereunto a pint of red Wine, and stirre it till it be colde, that you may worke it with your hand, and make it vp in roles.

A water to cure all maner of woundes and sores, be they neuer so sore and stinking, and all maner of Cankers in the nose, mouth, throte, or where soeuer.

TAke a handful of red sage, a handful of Sallendine, and as much of Woodbine flowers with the leaues, take a gallon of running water, and put the herbes in it, and let them boyl to a pottle, then straine them through a Strainer, and take the liquor and set it ouer the fire againe, then put thereunto a pinte of English Honey, a good handfull of Roch-Allom finely beaten, a penniworth of Graines grosely hyled, and let them boile altogether three or foure walmes, and then let the scumme be taken of with a feather, and when it is cold, put it in an earthen pot or bottle, so as it may be kept close, and for a greene wound take of the thinnest of the same water, and for an old sore of the thickest, the water being first well shaken

together

together: & after that you haue cleanſed the old ſore with white Wine, take a quantity of fine Lint, and the ſame being well wet in the ſaid water, do you therewith often times bath your wound, and with the ſame Lint in the end couer the wound, and if there be any holes in the ſaid wound, fill them vp with Lint, made tent wiſe, and ſo after couer the whole wound with a peece of a blader, the more better to continue your Lint in moiſſure, dreſſe your wound twiſe a day, in the morning, and in the Euening, and it helpeth.

A medicine or drinke for him that is burſt in the belly or Coddes.

TAke a knuckle of Veale, a pottle of white Wine, half an ounce of Mace, halfe ſo many Dates, halfe a pound of Reiſons of the Sunne, a handfull of Camfrey, a handfull of Polipodium, *alias* Fearn of an Oke, a handfull of Sparoking, *alias* Knotwort, take all theſe and put them in an earthen pot, and ſet on a kettle of water, of fiue gallons, and ſet the earthen pot in the water, & ſtop it with paſte very cloſe, and let the kettle be kept ſeething fiue or ſixe howres with the earthen pot therein, and keepe the kettle ſtil ful with other ſeething water, then take al theſe and beat them in a Morter, and ſtraine it, and giue the patient of the liquor thereof both firſt and laſt.

For the tooth ache.

TAke a pinte of white Wine, halfe a handfull of Lauender cotten, and ſeeth them together till the Wine bee halfe ſpent, then put into it halfe a ſponefull of Bay ſalt, then let it ſeeth a little, then take a ſpoonefull of ỹ liquor and put it in that ſide that the paine is in, and keepe it in thy mouth, and then put another ſpoonefull on, ſo one after an other, and it will helpe thee.

A good drinke to put out the ſmall Pox, or Pimples.

Make a Posset of Ale with milke, and the curd being taken of, take red Fenel the quantity of a spoonful, and the same being sod together with the Ale, straine it and put thereto the quantity of a Nutmeg, of fine Treacle a quantity of set wall, and a quantity of English Safron, being well mingled together, and giue it the patient to drinke warme.

A present remedie for an ague.

TAke two ounces of bay salt, two ounces of white Frankensence, and a handfull of Smallage, beaten altogether, and laye it to the wrestes of your handes, and to the boughts of your arms, two howres before the fit do come prooued.

For the same.

TAke two or three cloues of Garlike, and bruse them, and a peniworth of *Aqua vitæ*, halfe a pint of Ale, and seeth them together, and drink it a little before the court or fit come, as hot as you may.

For the Collicke.

TAke Crowell seede, Parsly seeds, and Anniseedes of eche two spoonefulles, green Fenel one handfull, one Parsly root, one Radish root, of each as long as a finger, sweet Time one handfull, one handfull of Philopenduln, and a handfull of Cherissones, wash al these & bruse them and stamp them very small, boile all these in two quarts of white Wine in an earthen pot close, till a pint be consumed, then let it run through a Linnen cloth of it selfe without straining, and drinke it morning and euening.

For the windy Collicke.

TAke a quart of Ale clarified, two spoonefulles of the flower of Liquorice, on spoonful of the flower of Anniseedes, halfe a spooneful of bruse Fenell seedes, a little Time, and seeth them together till a pinte of the Ale be consumed, and so drincke it first and last.

For

For the Collicke and ſtone.

TAke a handfull of Auens, a handfull of Pellitorie of the wall, as much Camamill as will lie in the Palme of your hande, and a ſpoonefull of Parſly ſeede bruſed a little, make a Pottet of Renith Wine, take of the rutde, and boil all theſe together in the drink till the ſubſtance be boyled out, then vſe it morning and euening.

For a paine in the ſide that commeth of wind.

TAke a handfull of cummin ſeede, another of annſeed, and two of Rewe, ſeeth all theſe together in running water from a pottle to a quart, put to it halfe a pinte of white Vinegar before it be colde, dip a ſponge in it, and wring out the liquor ſomwhat, and lay it to the patients ſide as hot as hee can ſuffer it, and when it beginneth to ware colde, take a new.

To remoouе a diſeaſe from the ſtomacke.

DRinke a quantity of Dragon water, or water imperiall, mingled with Treacle or Metridatum.

For them that do caſt vp their meate, by reaſon of weakeneſſe of the ſtomacke.

TAke the nether crull of browne bread, dry it well and leiſurely at the fire, then ſteepe it in ſtrong vinegar a little while, take it out and ſpread vpon it the powder of cloues, warm it againe, and tie it about the mouth of the ſtomacke, and the vomite ſhall ceaſe.

A drinke for cleanſing the ſtomacke, to be taken luke warme in the morning.

TAke Iſope, Roſemary, and Time, of eche two crops, and put them in a pinte of ale, with a piety quantity of Suger, and let them boyle till the ſtrength is in them, then drinke thereof two howres before meate.

A drinke to auoide the fleagme out of the ſtomacke, to make it eaſier to come vp, you may take of it a ſpoonefull or two, continually when you neede.

TAke eight ſpoonefuls of Roſe water, fower ſpoonefuls of Conduit water, and two ſpoonefuls of white Vinegar, halfe a quarter of white Sugar, boyle all theſe in a Poꝛringer vppon a chafing diſh of coales, and ſkumme it cleane, and then dꝛinke it luke warme.

A remedie againſt the plague, ſent to the Lorde Maior of London, from King Henry the eight.

TAke a handfull of Sage, a handfull of hearbe-Grace, a handfull of Elder leaues, a handfull of red Bꝛamble leaues, ſtampe them all, and ſtraine them thꝛough a fine cloth with a quart of white Wine, and then take a quantity of Ginger, and mingle them together, and ſo take a ſpoonefull of the ſame, and you ſhal be ſafe foꝛ fower and twenty daies, and ſo being nine times taken, ſhall be ſufficient foꝛ all the whole yeare by the grace of God. And if it be ſo that the party be ſtricken with the plague, befoꝛe he hath dꝛunke of this medicine, then take the water of Scabious a ſpoonful, and water of Bettony a ſpoonfull, and a quantity of fine Treacle, and put them altogether, and cauſe him to dꝛinke it, and it ſhal put out all the venome. If it foꝛtune the botch to appeare, then take the leaues of Bꝛambles, Elder leaues, Muſtard ſeede, and ſtampe them altogether, and make a plaiſter thereof, and lay it to the ſoꝛe, and it ſhal dꝛaw out the venom, and the party ſhall be whole by the grace of God.

Another for the ſame.

TAke a handfull of Soꝛrell, a handfull of Burnet, a handfull of Sage, a quantity of Dragons, as much of the cropps, as of the totes, then waſh them all well, and put them into a pottle of running water, & ſeeth them to

a

a quart: then ſet them by the fire, & ſtraine them through a linen cloth, and put in ſome Sugar-candy, to delay the bitterneſſe of the hearbes, and giue the patient to drink, nine ſpoonefuls at one time, before the Purples doe appeare, and if the botch do riſe and breake, hee ſhall liue: proued.

To cauſe one to ſleepe,

TAke a ſpoonefull of pure Roſe-water, as muche of Vinegar, two ſpoonefulles of the Oyle of Roſes, halfe a handfull of Roſe leaues made in powder, mingle them altogether, and take cromes of leauened bread made of Wheat, and make a plaiſter therof, and lay it ouer the forehead and temples.

For a ſore throate,

TAke Cullumbines, and Sinckfoyle, and ſtampe them both together, and ſtrain them with Milke, and drink it very warme.

For the Hickop.

TAke oyle of Lillies, and annoint the ſicke mans body, ſundry times.

For a Canker in the mouth,

TAke a flower, Deluce roote, waſh it and ſlice it, and a few leaues of Pent-royal, lay them in ſteep in Conduit water, and ſo waſh your mouth with the water.

For a Laske,

TAke an Egge, and *Aqua compoſita*, and boyle it with the Egge till it be drie, then take Sinamon and ſugar, and eat with the Egge.

A medicine very precious called Flos vnguentum, *good for all manner of maladies, that is to wit, against all sores, and woundes against all manner of impostumes in the head or body against head-ache, singing in the brain, or boyling in the heart, shrinking of Sinewes, it draweth out any thorne or broken bone, and all manner of ache out of the Liuer, Splene or Lunges, it helpeth the Hemerodes, and is verye good to make a seare-cloath for all goutes, aches, and Pestilent botches, and therfore this treatise is worthely called* Flos vnguentum.

TAke Rosin and Per, of eche halfe a pounde, of Virgine-ware and Frankinsence of each a quarter of a pounde, of Mastik an ounce, of bares sewet a quarter of a pounde, a quarter of a pound of Campher, and two dragmes, melt that is to be melted, and pare that is to be pared, & searce it, boyle them ouer the fire, and straine them through a cloth into a pottle of white Wine, with al the other medicines together, then let it coole, till it be no hotter then bloud warme, then put thereunto a quantity of Turpentine, euer stirring it vntil it be cold: but euer beware that your stuffe be no hotter then bloud warme, when you put to your Turpentine, or els it marreth all your stuffe, and make it vp in rolles, and keepe it to your vse, and when you will, occupy it plaister wise to your griefe.

To make the black salue, that cureth all old sores, and Vlcers, be they neuer so great, foule, and stinking.

TAke a gallon of stale Ale being very strong, two handfules of Woodbind leaues, halfe a handfull of redde seeded Nettles, as muche Colewoortes with the ragged Leaues, halfe a pound of redde Onyons, halfe a pound of Garlike pilled, a pound of vnset Leekes, a little Dishfull or a handfull of the pouder of a rotten Polle, of an Oke is best: let all these bee stamped small in a Mor-

ter,

ter, ſeueraly by them ſelues, put them into the Ale with halfe a pound of Roch Allome, then ſet them ouer a ſoft fire, and let them boyle till the one part or more be boyled awaye, then let them ſtand three or foure daies. but firſt ſtraine them through a cleane Cloath, into a cleane veſſell, then put to them halfe a pound of Mare, halfe a pounde of Roſen, halfe a pounde of the Neruell that is greene, a quantity of ſtone Honey, then ſet it ouer a ſofte fire againe, and let them boyle til the one halfe be conſumed, then put it into a cleane earthen pot, and ſtoppe it very cloſe, and vſe thereof when you haue occaſion.

Preſcriptions and rules, made by M. Doctor Good, to bee obſerued at the Bath.

WHen you come to Bathe after your iourney, reſt and quiet your bodie for the ſpace of a daye or two, and ſee the faſhion of the bath: howe and after what ſorte others that are there do vſe the ſame.

If it bee not a fayre cleare daye, goe not into the open Bathe, but rather vſe the water in a Bathing veſſell in your Chamber as many men doe.

The beſt times in the day to goe into the Bathes, is in the Morning, an howre and halfe after the Sun riſing. or there about, in the moſt quieteſt time and when you ſhall feele your ſtomacke well and quiet, and that your meat is well diſgeſted, and haue reſted well the night before: but before you goe into the Bath, you muſt walke an howre, or half an howre at the leaſt in your Chamber or elſe where.

You muſt alwaies go into the bath with an empey ſtomacke, and as long as you are in it, except great neceſſity requires the contrary, and then to take ſome little tupping before your walking, or before you riſe is not hurtfull let your tarring in the Bath bee according as you may well

abide it, but tary not too long in any wise at the first, although you may well abide: that your strength at no time may faile you.

You may tarry in the Trosse, Bath an howr and a halfe at a time after the first bathing, and in the Kinges Bath you may tarry after the first bathing at one time half an howre, or three quarters of an howre, but in any wise tarie at no time untill you be faint, or that your strength faile you.

And if at any time you bee faint in the Bath, then you may drinke some Ale warmed with a toste, or any other supping, or green Ginger or if great need be *Aqua composita*, Metradatum, the bignes of a Nut-kernel at a time either by it selfe, or mixed with Ale or other Liquor.

As long as you are in any of the bathes, you must couer your head very well, that you take no colde thereof, for it is very perilous to take any colde on your head in the Bath, or in any other place during your bathing time.

When you come forth of any of the bathes, see that you couer your selfe very wel, and dry of the water from your body with warme clothes, and then put on a warm sheet and a Mantell, or some other warme Gowne for taking of cole, and so go straight way to your warmed bed, and sweate there if you can halfe an howre, and wipe of the sweat diligently, and after that you may sleepe a while, but you must not drink any thing till dinner time, except you be very faint, and then you may take a little Sugar Candy or a few Reisons, or a little thin broth but small in quantity to slake your thirste onelye, because it is not good to drinke or eate by and by after the Bath, until you haue slept a while, if you can.

After that you haue slept and sweat inough, and be clerly delivered from the heate that you had in the Bath and in your bed, then may you rise and walke a little, and so go to your dinner, for by measurable walking, the evil vapours and windenesse of the stomacke, that are taken in the Bath be driuen away and vtterly auoided.

After

After all this, then go to your dinner and eate of good meats, but not very much, that you may riſe from the table with ſome appetite, ſo that you could eat more if you would, and yet you muſt not eat too little for decaying of your ſtrength.

Let your breade bee of good ſweete Meale, and of one daies baking or too at the moſt, and your meat wel boyled or rolled, and eſpecialy let theſe be your meats Mutton, Veale, Chicken, Rabbet, Capon, Pheſant, Partrith, the like.

You may alſo eat freſh water Fiſh, ſo it be not muddy: as Eels and the like: refrain al ſalt fiſh, as Ling, Haberdine, &c. auoyde all fruits and raw Herbes, Sallets, and the like.

Apparell your bodye according to the coldneſſe of the weather, and the temperature of the ayr, but in any wiſe take no colde.

And if you bath againe in the after noone, or at after dinner, then make a very light dinner, as a couple of poached Egges, a Caudle, or ſome thin broath with a Chicken, and then after fowre or fiue howres your dinner ſo taken, you may bathe again, and in any wiſe tarry not ſo long in the Bath as you did in the forenoone.

You muſt at no time go into the bath, except you haue bene at ſtoole, either by nature or otherwiſe, and if by no meanes it will be of it ſelfe, then take a ſuppoſitary once in two dayes at the leaſt wiſe.

For all manner of wormes.

TAke Crouncell, and Plantyne with the roores, and ſtamp them and ſtraine them with Malmeſey, and warme it, and giue it the patient to drinke three dayes together, it will kill all manner of Wormes, and if you haue an ague, it will alſo rid it by Gods grace.

A medicine for the wormes in a child.